



It's cokes "all round" around at the round table at the club...

I GET KNOCKED DOWN, BUT I GET UP AGAIN! YOU'RE NEVER GONNA KEEP ME DOWN! I GET KNOCKED DOWN-

SHUT UP, MIKE!

Kapa Haka Class...

METZGER facebook o

I'm having a ball here at 10-pin!!!



stead of the other way around!





Aaron strikes gold!! ... (and also a silver medal) at the recent Taekwondo championships.







Mark and Peter "fall" for the great scenery — photography lessons from one pro to another.



Blair and Beth are both out of breath!!

The Pewakawaka Loop Track takes it's toll on the guys but they did make it in the end. Good work!!



D°

Richard's at the Warehouse and eyeing up a pair of runners... we all

Hey Blair, keep up mate... it's only 5 more barkilometres this way!



Turning Point is all about creating confidence and independence .

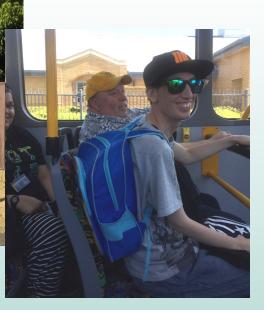
Chris can take the bus with his friends Brent and May...

ingredients



mmy

TVALT



...and Chris cooks his own meal every Thursday at DRC.

He has some for lunch and takes the rest home for his family to enjoy.

Awesome work Chris!



