Issue 3 April // May



# The Reporters

**Reporters** Chris Bott, Trudy Eldred Mark Crook Deena Rigby May Lauvao

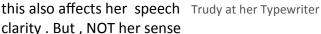


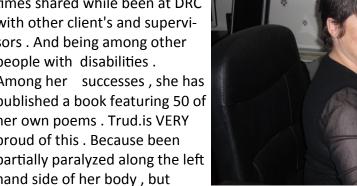
Back from left Chris and Deena Front: Trudy, Mark and May

# Poet Trudy's Corner

Before DRC Trud. Was at DTS, in Onekawa. This was after being at E.I.T. for three years, where she studied Business Computing and Office Administration Levels 1,3 and 4. Also a few different short courses, in the Art sector. She can successfully type at a speed of 61 words per minute -And this with only one hand! Trud. Espe-

cially enjoys anything to do with Art and Graphics . Trud. Enjoys the Fun ,laughter and good times shared while been at DRC with other client's and supervisors. And being among other people with disabilities. Among her successes, she has published a book featuring 50 of her own poems. Trud.is VERY proud of this. Because been partially paralyzed along the left hand side of her body, but





of humour and adventure .As Trud. Is ALWAYS keen to participate in anything dangerous, weird, freaky and or, just plain stupid. E.g. skydiving, bungee jumping. She loves going beyond peoples expectation of what she can or can't do ."If its OUT there and crazy! Count me in ..."

Trudy began creating poetry, for a power point display to pass her NZQA level3 Business Studies . "Because I I'D just done my 1st tandem skydive, and I really wanted to freak-out the students'. I began writing down how I felt ,and the words seemed to rhyme quite nicely. After creating this fantastic power point slideshow, and receiving a "A . I was hooked on poetry . When someone talks , my mind thinks of words to rhyme with what they 've said. Listening to a song ,watching a movie, the exact same thing. See more over the page

# **Reporter**

### Trudy Continued:

Often ,I can't sleep ,because I'll have several hundred words running through my brain! I wish I could turn off a switch ". Trud. wanted to publish a poetry book, to prove there is A LOT more to her than what others think. To date, Trud. Has sold 150 copies of her poetry book, Titled *Poetry from a Quiet Body and a Screaming Mind* "\$15" per copy. They can be ordered on line through Amazon .com or downloaded as a E-book. The money made from this is been saved to publish another poetry book — which will feature poems for the younger generation . Trud.'s favourite type of music is Blues , also Rhythm and Blues music . But for musical Artists she would probably go for Sting/The Police (David Sumner), or Mariah Carey .Whereas ,her favourite movie would be anything featuring Jim Carrey—Because he is sooo ...out there, being funny ,A LOT like Trud. herself!

If given one wish ,Trud. Would like to NOT be disabled. She doesn't mind the Diabetes; 4 injections , and 6 blood tests / day. But to be physically disabled too— This , in her mind ,is a bit too much!

Just one or the other, I could easily accept.

## Interview with a Policeman

Have you ever thought of working in the Police Force? If so, you may be surprised to know, that it only takes 5 months of hands-on study, this includes both theory and physical study. Following that, one will be on probation for a further 2 years. But for Senior Sergeant Stu Fleming, he had always dreamed of being in the Police Force, ever since he was quite young.

Snr Sgt Fleming is the currently the Change Implement Manager for Eastern District Police which means he is in charge of the new police station construction in Hastings. He has been in the police for 38 years and in the past was a front line cop , and a detective



Snr .Sgt .Stu Fleming

now he is behind a desk making changes within the police. No doubt his years of experience would be a great help to him in his current job. In his early police years, Stu made many arrests and says now in Hawkes Bay they can make 10-20 arrests a day.



Stu Fleming and the Roaming Reporters

Stu says he enjoyed being a detective the most,, and the worst job he had ,was to inform family members of the loss of a loved one. Police have to do some tough stuff sometimes.

When asked if he had any funny job stories he could share with us, he replied there were far too many to mention but watching drunk people can be quite funny at times.

Thank you Stu

### Hawkes Bay Golf Centre with Matt

Matt 's job title is the "Head Teacher for the Professional" at the Hawkes Bay Golf Centre. "Yes! " he says "I certainly do enjoy working here. Its been real fun. "

He has been appointed to work there for nearly 3 years.

Beside, the obvious, golf, they also have baseball and a driving range. This is where some of the DRC clients play their mini golf or hit the golf balls .But ,the majority of our clients play this game for fun. Nothing to be taken seriously.

On a daily average, the Golf range can have up to 60 people .But during the weekends they usually

have at least 100 or more people come in to play, or to practice their swing and aim

On a slightly more personal note, Matt's favourite movies are, Guardians of the Galaxy Volumes 1 &2. But when it comes to his taste in music, he likes all types of music depending on his mood.

When we questioned Matt, if there could be some future changes happening to the Golf Centre? He was proud to announce Yes a new 18 hole putt putt and a 'Hole in One 'driving range.

Matt, likes to play golf and yes, he sees himself as a professional too He has played in tournaments and as an amateur he scored an impressive 15 under par.

Thanks Matt for being so great to our clients and for accepting to do this interview today.





See what they say over the page

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# Staff Profile: Karen Elliott

You may not have seen much of Karen, because she spends most of her time at Scopze,

which is situated at 305 King St Hastings. Karen's role is the supervising of Scopze making sure all the clients are happy and safe.

Karen has worked at DRC for 20 odd years but she did have a six year break in the middle. She so was on the board of DRC before she became in charge of Scopze.

Karen is also a trained Chef and when asked what she enjoys doing best she replied both as they both have different challenges.



Karen relaxing for once at Scopze

Karen was born in Wellington and has worked with many people with all different barriers ,. It a hands on job and she loves it. Karen does enjoy cooking especially when people appreciate the meal , and the time it has taken to prepare it .

Karen likes all music / movies just depend on what mood she is in.

A challenge: If there 's some obscure, weird type of cooking technique you want to learn about ask Karen, see if she can help.

# Scopze What is It?

Scopze is part of DRC and offers more support for people with higher needs to get out and about in the community .

They currently have 18 clients on the books and most of the clients are in 1-2 days a week. Some are in 5 days. They do an assortment of activities and like being together in a group. They go to Shake Rattle and Roll, Sit and be Fit and the Women's Centre., But they also get to do more in the house with projects, sewing, movies and games They have fun. So when



Karen in the work room at Scopze

asked what is the main difference between Scopze and TP, they do more group activities and have higher needs and have one on one support. If needed. This what the their clients think. Jane likes it especially lunch time, Richard thinks the food is pretty good and Pippa loves the activities and giving Roy (staff) a lot of trouble day in ,day out. We also asked if they like being around the corner away from everyone else at DRC.

Yes, they love being separate from the others, they do their own thing.

Thank you Karen and Scopze